

FOR IMMEDIATE RELEASE

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## Start 2020 with First Day Hikes in Harford County

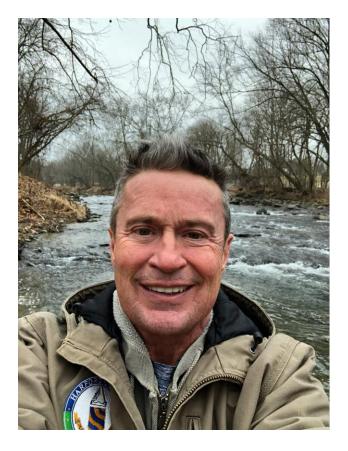
**BEL AIR, Md.,** (Dec. 30, 2019) - A great start to the New Year is a walk in the park! First Day Hikes are held nationwide on the first day of each year as a fun way to promote state parks and healthy living. Locally, the Maryland State Park Service will offer 40 guided hikes on 33 state lands and parks on Wednesday, January 1, 2020, including in Harford County at Rocks State Park, Susquehanna State Park and Gunpowder Falls State Park. Apart from scheduled tours, Harford County Parks & Recreation has nearly 100 county parks and nature trails on 5,000 acres, including the popular Ma & Pa Trail. All are open to visitors from dawn to dusk.

"As an avid runner, I always look forward to my time on Harford County's beautiful trails," County Executive Barry Glassman said. "These public lands are here for everyone to enjoy, so come out on New Year's Day and keep coming back all year long."

Times and locations for First Day Hikes at state parks in Harford County and the rest of Maryland are online at https://dnr.maryland.gov/publiclands/Pages/firstdayhikes.aspx

Harford County park information is online at http://www.harfordcountymd.gov/2514/Parks.

Share your First Day Hike by commenting with a photo or selfie on the Harford County Government Facebook post at <a href="https://www.facebook.com/HarfordCountyMD/">https://www.facebook.com/HarfordCountyMD/</a>.



Harford County Executive Barry Glassman taking a selfie along Deer Creek at Rocks State Park